

Courses starting **January 2018**

17 St Wilfrid's Square, Calverton NG14 6FP Tel: 0115 8470551 Email: corecentre@btconnect.com www.calvertoncore.org.uk

COURSE	DAY	TIME
Job Club (FREE)	MON	11.00 – 13.00
Head, Neck & Shoulder Massage & Evening Makeup - Aim Award	MON	09.30 – 11.30
Drop In Computers – Beginners	MON	13.15 – 14.45
Computing Beginners/Improvers	TUE	10.00 – 12.00
Card Making Workshop	TUE	11.00 – 13.00
Computing Beginners/Improvers	TUE	13.00 – 15.00
Beginners French	TUE	13.15 – 15.15
Chairbased Exercise (FREE)	TUE	14.00 – 15.00

COURSE	DAY	TIME
Patchwork – An Introduction	TUE	09.30 – 11.30
Photography – Edit Your Digital Photos Online	WED	09.30 – 11.30
Card Making Workshop	WED	11.00 – 13.00
Working with Long Hair	WED	11.00 – 13.00
Beginners Spanish	WED	13.15 – 15.15
Job Club (FREE)	THUR	11.00 – 13.00
Bobbin Lace Making	THUR	10.00 – 12.00
Seated Yoga (FREE)	THUR	14.00 – 15.00

Citizens Advice Bureau free Every Monday - limited appointments; first come, first served

Hearing Clinic free Every First Thursday 1.00 – 2.00 pm

Dementia Carers Club free Every Second Thursday 1.30 – 3.30 pm

(A pleasant change and support for those who care for people with dementia)

Chiropody with Wendi McKenna by appointment

Counselling Therapy with Lynda Britchford (Dip Hyp CS) nominal £10 per session by appointment

Lauren Greenhalgh – Family Solicitor - free family legal advice by appointment

Stop Press!!!

Stop Press!!!

Places are limited so put your name down as soon as possible. There is a £10 registration fee, refundable within 3 months providing you attend your course. Courses commence January 2018. Fees only £3 per hour, payable on the first day of your course. If you receive benefits you may qualify for free learning; bring evidence of benefits with you on the first day of your course. For further information about course content, start dates and duration, call into The CORE Centre or telephone for a chat or email us.

We have a chairlift to classroom and IT suite on upper floor.



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