



Courses/Activities for 2019

17 St Wilfrid's Square, Calverton NG14 6FP Tel: 0115 8470551 Email: corecentre@btconnect.com www.calvertoncore.org.uk

COURSE	DAY	TIME	COURSE	DAY	TIME
Job Club (FREE)	MON	11.00 – 13.00	Card Making Workshop	WED	11.00 – 13.00
Monday Club	MON	13.30 – 15.00	Wednesday Club Bingo and a Brew	WED	13.30 – 15.00
Games, Quizzes, Cuppa & Company	TUE	09.30 - 11.30	Trace Your Ancestors	THUR	13.45 – 15.45
Knit/Crochet Self Help Group	TUE	11.00 – 13.00	Job Club (FREE)	THUR	11.00 – 13.00
Card Making Workshop	TUE	14.00 – 15.00	Bobbin Lace Making	THUR	10.00 – 12.00
Chairbased Exercise (FREE)	WED	10.30 – 12.30	Seated Yoga (FREE)	THUR	14.00 – 15.00
Computers for Beginners	WED	09.30 – 11.30			
Patchwork Self Help Group	WED				

Citizens Advice Bureau free Every Monday – very limited appointments; first come, first served

Hearing Clinic free Every First Thursday 12.45 – 13.45

Chiropody – please enquire

Lauren Greenhalgh – Family Solicitor - free family legal advice by appointment Help using Mobile

Phone/lpad/Laptop by appointment

Places are limited so put your name down as soon as possible. Trace Your Ancestors commences April, 2019. For further information about course content, start dates and duration, call into The CORE Centre or telephone for a chat or email us. We have a chairlift to classroom and IT suite on upper floor.

All details correct at the time of going to press



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